SOPAC Swim Team | Long Course Development Meet
Twilight Development Meet | 8 March 2025
Sydney Olympic Park Aquatic Centre

SydneyOlympicPark Swim Team

M	F	QT	Age	Dist	Stroke
1			MC	100m	Freestyle
2	3		Open	100m	Freestyle
4			MC	50m	Breaststroke
5	6		Open	50m	Breaststroke
7	8		Open	200m	Freestyle
9			MC	100m	Butterfly
10	11		Open	100m	Butterfly
12			MC	50m	Backstroke
13	14		Open	50m	Backstroke
15	16		Open	200m	Individual Medley
17			MC	100m	Breaststroke
18	19		Open	100m	Breaststroke
20			MC	50m	Freestyle
21	22		Open	50m	Freestyle

M	F	QT	Age	Dist	Stroke
23			MC	100m	Backstroke
24	25		Open	100m	Backstroke
26			MC	50m	Butterfly
27	28		Open	50m	Butterfly

Warm Up: 2.30pm | Start 3.00pm

Self marshalling rules apply | All enquires to race.secretary@sopacsc.com.au

Meet Conditions

1. Meet is approved by Swimming NSW & Swimming Metro North West
2. Conducted under the rules of SNSW. One start rule applies. All events are timed finals.
3. The Meet Director reserves the right to vary the program.
4. **Entries are online via Swim Central**
5. Entries close Thursday 20 February 2025 **OR** when the limit of swimmers is reached.
6. Entry fees $12.00 per individual event. Spectators will need to purchase a ticket – no ticket, no entry.
7. Adult spectator entry $5.00. Competitors and coaches free
8. Please check your entries NO REFUND POLICY APPLIES
9. Age at 8 March 2025.
10. Visiting clubs may be asked to time keep.
11. Once entries are closed; entry requests may be considered to fill existing heats only; please email race.secretary@sopacsc.com.au. Any additional entries must have payments finalised via EFT by 5pm Friday 28 February 2025 otherwise entries will be withdrawn.
12. Medals will be presented to 1, 2, 3 place in 8/U, 9, 10, 11, 12, combined 13/14yrs, 15/O age groups. MC events will be awarded 1, 2, 3 place per event.
13. All results will be forwarded to Swimming NSW and Swimming Metro North West
14. Entry list, updates, timeline and program will be posted on the SOPAC Website.
15. No backstroke ledges will be used