

COMPETITIVE SQUAD TRAINING SCHEDULE

Effective: 1 March 2025

March 2025		Banksia	Acacia	Wattle	Waratah	Bottlebrush	Events
		James Greathead	George Hanretty	Daniel Benvenuti	Anne Donaire	Matt Wilson	
1/03/2025	Sat AM	6.00am-7.30am	6.00am-7.30am	6.00am-7.30am	6.00am-7.30am		Carnival 7.30am-5.00pm
2/03/2025	Sun						
3/03/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Mon PM	Granville	Granville	Cabarita		Cancelled	Carnival 8.00am-5.00pm & Carnival 6.30pm-10.00pm
4/03/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Tue PM				Cancelled	Cancelled	Carnival
5/03/2025	Wed AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Wed PM	Granville	Granville	Cancelled			Carnival
6/03/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Thu PM				Cancelled	Cancelled	Carnival
7/03/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	Granville	Cancelled	Cancelled		Cancelled	Carnival
8/03/2025	Sat AM	6.00am-7.30am	6.00am-7.30am	6.00am-7.30am	6.00am-7.30am		Carnival
9/03/2025	Sun						
10/03/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Mon PM	Granville	Granville	Cabarita		Cancelled	Carnival
11/03/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am		5.45am-7.00am	
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
12/03/2025	Wed AM	5am - 7am	5am - 7am			5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm			
13/03/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Thu PM				Cancelled	Cancelled	Carnival
14/03/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	5.45am-7.00am	Carnival
	Fri PM	Granville	Cancelled	Cancelled		Cancelled	Carnival
15/02/2025	Sat AM	6am - 7.30am	6am - 7.30am	6am - 7.30am	6am - 7.30am		Carnival
16/03/2025	Sun						
17/03/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
18/03/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am		5.45am-7.00am	
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
19/03/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm			
20/03/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
21/03/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	Cancelled	Cancelled	Cancelled		Cancelled	Carnival
22/03/2025	Sat AM	6am - 7.30am	6am - 7.30am	6am - 7.30am	6am - 7.30am		Carnival
23/03/2025	Sun						
24/03/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Mon PM	Granville	Granville	Cabarita		Cancelled	Carnival
25/03/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am		5.45am-7.00am	
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
26/03/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm			
27/03/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
28/03/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	Granville	Cancelled	Cancelled		Cancelled	Carnival
29/03/2025	Sat AM	6am-8.00am	6am-8.00am	6am-8.00am	6am-8.00am		
30/03/2025	Sun						
31/03/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	

Training Cancelled

Training Change

Pool Session - Training Pool